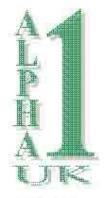
Apha-I UK Support Group

Supporting Alphas and their families

AUTUMN 2009 NEWSLETTER ISSUE 3





Chris Torrance Group Owner



John Doyle Treasurer



John Mugford Moderator / Webmaster Moderator



Bob Oliver



Linda Cooke Liaison Officer



Bev Burroughs

GROUP ANNUAL MEETING PLYMOUTH SEPTEMBER 2009

This years group annual group meeting was held at the Astor Hotel in Plymouth, everyone who attended agreed it was as usual a great weekend

It was so nice to be able to catch up with everyone and to see new faces and make new friends. Thank you to John Doyle for all his hard work in arranging the weekend, we couldn't have been luckier with the weather the sun shone the whole time..

Our thanks too to the "Alpha Tones" our very own band who entertained us so well. They were fantastic and I hope we can make that an annual event at future meetings.

Wendy and Robin also entertained us as they do every year with their singing and as always it's a pleasure to listen to them. Thank you both

With the proceeds from the Raffle, Auction, Sale of Christmas cards and books etc the meeting raised over £700 that weekend....so a big Thank you to all who contributed.



THE 'ALPHA TONES' JOHN M, ANDY WILLIS, WENDY AND ROBIN





IVY, MARY, BOB, CHRIS AND JOHN ENJOYING THE SUNSHINE



PLYMOUTH GROUP PHOTO WITH AS MANY MEMBERS AS WE COULD SQUEEZE IN!!

PROFESSOR STOCKLEY

We were thrilled to learn that Professor Stockley at Adapt in Birmingham has agreed to become our Patron. We will as always work closely with the Professor and Adapt to bring you all the latest news on new drugs and their trials.

THE GROUP - A Poem by Joe Lyons

It hardly seems anytime since I became aware
Of a group of people with a friendship so rare
Friends who understand the problems our illness can befall
How we deal with life making problems seems nothing at all

Each day that passes enjoying laughter sometimes pain We read with real interest how life's treated us again Welcoming new people with compassion and kindness Doesn't matter who you are, we treat all with open mindedness

New friends and old meet once a year in places Doesn't matter how you get there we will have a few spaces Friend or stranger the welcome always will be smiles If you've travelled from afar or only a few miles

Join and help us enjoy the life we live All we ask is for the many smiles and laughter you can give

NEW WEBSITE

Our New Website is now up and running...it still has a little tweaking to do but we are sure you'll love its new look. Go to:-

www.alpha1.org.uk

Our grateful thanks to John Baxendale and The Internet Company with a special mention to Darryll

CHRISTMAS CARDS

Please note we still have plenty of Alphal UK Support group Christmas Cards for sale...they are a bargain at £3 for 10 cards...anyone interested please contact John Doyle at jedoyle@blueyonder.co.uk

NEW COMMITTEE MEMBER

Please Welcome Bev Burroughs to the panel of Committee members, we thank her for offering her services. We feel she has a lot of talent to bring to the group:

If anyone else feels they would like to join the committee, we would welcome your input

AND FINALLY

Good luck to all our members about to take that step into TX assessments. Our thoughts and prayers go with you. We wish you well.

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